

Family Newsletter
Winter 2010
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Dates to Remember

2010

February 7	Equine Management Seminar
February 12- 14	Winter Camp
February 13	Somerset County 4- H Small Animals & Herpetology Show
February 27	State Horse Bowl/Equine Arts Show, Burlington County
March 5	County 4- H Public Presentations, Sussex County Community College
March 5- 7	North Jersey Teen Conference
March 11- 14	Springfest Flower & Garden Show
March 12	County 4- H Public Presentations, Frankford Township School
March 19	County 4- H Public Presentations, Frankford Township School
March 19- 21	American Youth Horse Council Trip
March 20	New Jersey Junior Breeder Livestock Symposium
March 27	Fourth Annual 4- H Tricky Tray
April 10- 11	State Horse Judging & Hippology Contest
April 24	Rutgers Day & State 4- H Dog Show
June 12	State 4- H Public Presentations
July 11- 17	Citizenship Washington Focus (CWF)
October 23	Halloween Happenings

Deadlines

2010

February 5	4- H Public Presentations Registrations Due
February 12	Ag Day Essay Due
February 26	CWF Application Due
May 1	4- H Foundation Scholarship Application Due
July 1	Registration for 2010 NJSF®/SCFHS



Program News

Science, Engineering and Technology (SET) Camp

June 29 – July 2

SET Camp will run from Tuesday, June 29 to Friday, July 2. Campers may sleep over or attend day-to-day for the four day exploration of science, engineering, and technology.

Class sessions are still being developed, but should include: *Speed of Light – Designing a Super Coaster*; *Coral, Oasis, Oceans and Lakes (COOL)*; *Chuck-It*; *Robotics*; *CSI Forensics*; and *Rocketry and Aeronautics*.

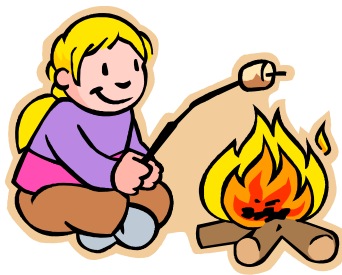
Registration information is available on the camp's website at www.nj4hcamp.rutgers.edu. For additional information, please contact Guy Weber, Camp Program Director, at weber@njaes.rutgers.edu.

Summer Camp

It's not too early to think about summer camp. Lindley G. Cook 4-H Center for Outdoor Education hosts one week summer camp sessions beginning Sunday, July 4. Sessions include:

Week 1 – July 4
Week 2 – July 11
Week 3 – July 18
Week 4 – July 25
Week 5 – August 1
Week 6 – August 8

Weekly themes for this year's summer camp include *Pirates of Lake Shawanni*, *Super*



Hero, *Every Day is a Holiday*, *International Extravaganza*, and *Camp Survivor* (where campers will test their skills).

For registration information, pricing (including discounts for 4-H members) and general camp information, please visit the camp's website

www.nj4hcamp.rutgers.edu, email Guy Weber at

weber@njaes.rutgers.edu, or call 973-948-3550.

Upcoming Events

Equine Management Seminar

February 7

So you want to keep your horse sound? is the theme of the equine seminar scheduled for Sunday, February 7 at the Cook Campus Center at 59 Biel Road, New Brunswick. The seminar will run from 8:00 a.m.- 4:30 p.m. and include presentations by Narelle Stubbs, MSU McPhail Research Center, East Lansing, MI; Dr. Linsey Makkreel, Keenan McAlister Equine, Bordentown, NJ; Dr. Jennifer Smith, NJ Equine Clinic, Clarksburg, NJ; Dr. Midge Leitch, Londonderry Equine Clinic, Cochranville, PA; and Dr. Sarah Ralston, Rutgers University.

For complete program and registration information, download the Horse Management Seminar brochure from the Equine Science Center's website, <http://www.esc.rutgers.edu> or contact Dr. Carey Williams at cwilliams@aesop.rutgers.edu or 732-932-5529.



Winter Camp

February 12-14

4-H Winter Camp is almost here! Sussex County's weekend to participate at the camp is February 12-14. Our companion



campers will be Essex, Union, and Hunterdon Counties. 4-H Winter Camp is a wonderful chance to get in some good healthy outdoor winter wonderland fun! We will have skiing, sledding, indoor games,

hot chocolate, and more! If you are a 4-H member and high school age and would like to attend, contact the 4-H office for a registration form.

Somerset County 4-H Small Animal & Herpetology Show

February 13

The Somerset County 4-H Small Animal clubs and the Somerset County 4-H Sidewinders herpetology club will be hosting a rabbit, cavy, small animal, and herpetology show on Saturday, February 13 at the Ted Blum 4-H Center of Somerset County. Entries are to be postmarked no later than Saturday, January 30.

For more information and registration forms for rabbits, cavies, and small animals, please contact Laurie Hazen at 908-722-4948 or

lhazen07@verizon.net.

For information and registration forms for herpetology animals, please contact Karen Fisch at 908-722-3120 or fischfoot@verizon.net.

Woofminster Dog Show

February 21

The Woof Dog 4-H club of Somerset County will be hosting a Woofminster Dog Show on Sunday, February 21 at 9:00 a.m. at the Somerset County 4-H Center (Ted Blum 4-H Center) at 310 Milltown Road, Bridgewater, NJ. **Registration forms are due by February 12.** For more information, please contact Jeff Weinstein at jlw717@aol.com.

NJ 4-H Equine Arts Show

February 27

The NJ 4-H Equine Arts Show will be held in conjunction with the NJ State 4-H Horse Bowl contest on Saturday, February 27 in Burlington County at the Burlington County Human Service Facility (795 Woodlane Road, Westhampton, NJ). This event is open to any 4-H member in grades 4-13. Any type of art, craft, or photo may be entered as long as it has an equine theme. Entries must be received by 10:00 a.m. on February 27. Participants do not need to be registered horse club members, just a registered 4-H member as of January 1, 2010. For more information and registration materials, please contact the 4-H office.

North Jersey Teen Conference

March 5-7

Fairfield, New Jersey

This conference is open to all 4-H teens in grades 8-13 and will provide an opportunity for teens to broaden their circle of friends, learn new skills, and have fun! The conference is planned and run through a partnership of 4-H teens and adults.

This year's theme is *The Game of Life—4-H Edition*. Participants will learn about issues teens face now and in the future



through hands-on workshops and programs. The conference kicks off with teambuilding and a *Speed Meeting* session. Throughout the conference, participants will have the opportunity to expand their horizons and meet new people and will leave the conference with a better understanding how to navigate the game of life.

For more information or a registration packet, contact the 4-H office at 973-948-3040. **Registration deadline is Monday, February 1.**

4-H Public Presentations

March 5, 12, and 19

Public presentations season is approaching! **Remember that Public Presentation Registration Forms are due to the 4-H office by February 5—No Exceptions.** The dates and locations for 2010 public presentations are **Friday, March 5** at Sussex County Community College; **Friday, March 12** at Frankford Township School; and **Friday, March 19** at Frankford Township School.

Please remember that *no live animals* will be permitted on the March 5 date at Sussex County Community College.

A few reminders regarding registration:

- If your presentation includes a live animal, you **must** attend one of the nights at Frankford Township School.
- If you are using any electronic audio visual aids **you** are responsible for providing this equipment. If your presentation includes slides (such as PowerPoint), we cannot guarantee there will be a screen in your room; you must bring your own.
- If you have a sibling and do **not** want to be in the same room,

please note this on your registration form.

- If you are doing a team demonstration **both** members must fill out **individual** registration forms. Please indicate you are doing a team presentation and identify your partner.
- We try to ensure that everyone has at least one person from his/her club in his/her presenting room to make the experience as comfortable as possible. However, please note that individual requests for friends to be in the same room are not always possible to meet.

If you or other adults are interested in participating as a judge for the 2010 public presentations, please contact the 4-H office at 973-948-3040 for more information.

American Youth Horse Conference (AYHC)

*March 19-21
Lexington, Kentucky*

AYHC is an educational field trip for horse loving 4-H'ers of Sussex County. We may leave for Kentucky prior to the event in order to take in other horse attractions in the Lexington area.

The estimated cost per member and chaperone is \$600 including air fare.

Various fundraisers are being held to help defray costs. Clubs may do the fundraising on their own or as a group with other clubs.

The requirements for attending include: being at least a high school freshman, a 4-H member in good standing, and committing (either parents or member) to the fundraising activities.



For more information you may contact:

- John Chanas (Chaps & Breeches)
973- 579- 1409 or 201- 725- 4950
- Lori Wunderlich (Bit by Bit)
973- 670- 9290 or 908- 637- 6763
- Shirley Miller (Chaps & Breeches)
201- 264- 1265

An informational meeting will be held in the near future; please contact those listed above for the date, time, and location.

NJ Junior Breeder's Symposium

March 20

The New Jersey Junior Breeder's Symposium is scheduled for Saturday, March 20 at Cook College, Rutgers University, Round House, College Farm Road, New Brunswick, NJ. **Registration is required and is due by March 10.**

Presentations at this symposium include:

- *Equine Chiropractic* by Dr. Kathy Lackey
- *Fistulated Cow* by Dr. Michael Westendorf
- *Anatomy on a Dairy and Meat Goat* by Dr. Joanne Bicknese
- *Equine Massage & Body Work* by Alyson Jeffries
- *Dairy Cattle Judging* by Zachary Gihorski
- *Equine Hoof Care and Farrier Work* by Laura Florence
- *First Aid Basics for Large Ruminants* by Dr. Bruce Frey
- *From Fiber to Coat* by Mary Strauss and Nancy Mendonca
- *Equine Dentistry* by Mike Mullins
- *Cheesemaking* by Teri Stanton and Sherrie Peterson

There will also be a Dairy Clip- Off contest!

Please see attached registration form for more information.

Tricky Tray IV

March 27

The date is set for the fourth annual 4-H Tricky Tray. It is Saturday, March 27 at Pope John XXIII High School in Sparta. Doors will open to the public at 6:00 p.m. Letters will be going out soon to all 4-H families requesting help in the form of a tray or items towards this event. We continue to close in on paying off the Shotwell Building. This fundraiser will bring us that much closer to achieving our goal.

We need your help at all levels of organization for this event. If you can lend a hand by soliciting donations from local businesses, help create trays for display, set-up/clean-up at the event, sell tickets, or even help spot or run trays, it would be greatly appreciated. If you can help, please call Michelle in the 4-H office at 973- 948- 3040 or email at teitsma@rce.rutgers.edu.

The next Tricky Tray Committee meeting will be in early February (*date and time to be announced*).

Citizenship Washington Focus

July 11- 17

Plans for Citizenship Washington Focus (CWF) 2010 are underway! The conference is scheduled for July 11- 17 at the National 4-H Youth Center in Chevy Chase, MD. New Jersey is planning to send approximately 30 youth and 3 adult chaperones to the conference. This event is open to 4-H members in grades 9- 12. The program utilizes Washington,



DC as a working classroom for youth to learn about government and citizenship through civic education. It provides hands-on opportunities for teens to become *Better Citizens Today, Better Leaders Tomorrow*. Applications are available online at <http://www.nj4h.rutgers.edu/citizenship/washingtonfocus/default.asp> or by calling the 4-H office at 973-948-3040

Deadline for applications to be submitted to the county 4-H office is Friday, February 26.

Halloween Happenings

October 23

Last year many 4-H club members (and leaders) were disappointed that they could not participate in the annual Halloween Happenings event. This year's event is being set far in advance, so mark your calendars! The date for the 2010 Halloween Happenings will be Saturday, October 23. More information will be provided in the fall.

Club Updates

K-9 Frenzy

From Great Danes to Chihuahuas, the K-9 Frenzy group has a variety of dog breeds! The club recently participated in the Newton Holiday Parade. Dogs led their owners up and down the streets as 4-H members tossed candy to children on the street corners. All had a lot of fun and received a good workout!



Currently, the club is working on jumps for the dogs to practice agility exercises. Members are also preparing questions for the Dog Bowl (quiz) scheduled for August during the fair. The group is also planning several activities with their dogs such as hiking, visiting senior homes, picnics in a local park, and making clothes for their pets.

Take the Lead

Jennifer Pryor and Kristen Smith have joined the 4-H State Dog Bowl committee. Following the tradition of great 4-H events such as the Horse Bowl and Dairy Bowl, the first State 4-H Dog Bowl is scheduled for Sunday, February 7 at Rutgers.

For more information, contact Jennifer Pryor, Take the Lead leader, at pryor4@yahoo.com or 973-328-8866.

Krafty Krafters

The members of the Krafty Krafters 4-H club have been busy making bookmarks and cookie jars for the holidays, Christmas caroling, and visiting the Bentley Assisted Living home.

Chaps & Breeches

The members of Chaps & Breeches have been busy discussing upcoming events such as AYHC (American Youth Horse Council). They participated in the annual 4-H Foundation wreath sale and held their year-end dinner back in October. They had a guest speaker, 4-H Alumni Tara Gerber. Tara talked to them about proper stretching procedures before horseback riding. Tara is now a physical therapist. Members are getting ready for 4-H Equine Presentations at the end of



January. They are also planning on having a 50/50 raffle in March to help offset the cost of the AYHC trip.

Shelton's Shooters

Members of Shelton's Shooters 4-H club held a food drive in November. They collected over 60 items which were donated to the local food pantry. They also collected items for a care package that was sent to a leader's nephew who is currently serving in Iraq. Members are studying and practicing the disciplines of shotgun, archery, and living history.

Hardyston Sewing Stars

Members of Hardyston Sewing Stars did a community service project of making Anti-Ouch Pouches for breast cancer patients recovering from surgery. They also held a holiday party including a secret Santa gift exchange. The girls have learned new sewing skills and are looking forward to completing another community service project in the new year.

All Star Rabbits

Members of the All Star Rabbits 4-H club held a toy drive this past holiday season. They also donated a large decorated 4-H wreath to the Camp Auxilium Learning Center. A club picture appeared in the *New Jersey Herald* with the wreath and a large pile of toys! Club members have been learning about proper care of rabbits and have played cavy/small animal bingo.



Community Service

Here are a few examples of how 4-H clubs are involved in community service and are making a difference in our community.

Kitty Katz Kidz collected food, household products, and toiletries for the Sussex Help Center for Thanksgiving. They have also been knitting and doing crafts projects to give hats, jewelry, and assorted crafts to the Homestead Nursing Home. Members made and signed over 100 Christmas cards that were distributed between the Homestead and Barn Hill Nursing Homes.



Chaps & Breeches members beaded crystal bracelets which were donated to the Pass It Along Holiday Toy Shop. A total of 36 bracelets were made.

Members of **Krafty Krafters** collected food for the pantry at the Sussex County Division of Social Services. They also paid a visit to Bentley Assisted Living Home in Branchville and spent the afternoon doing crafts with the seniors.

Members of **Breeders & Feeders** collected food for a Thanksgiving basket which was donated through the Frankford School to a needy family. They also collected shampoo, toothpaste, soap, and other toiletries for Project Self-Sufficiency (PSS) and donated candy for the PSS Halloween party.



Horsewise model horse club members collected toys and gifts for Pass It Along and also made donations to BARKS and Claws & Paws. They have collected eye glasses for the Lyons and soda tabs for the Ronald McDonald House. They created a tree to donate to the fairground's Festival of Trees. All the ornaments were either donated or made by the members.

Members of **Teen Council** have participated in the 4-H camp fall clean up, collected toys for Project Self Sufficiency, made cookies for Meals on Wheels, participated in the Sussex County Coalition for Healthy & Safe Families *Red Ribbon Day*, and participated in NORWESCAPS's Turkey Drive and Box City.

Take the Lead members collected items such as mouthwash, razors, shampoo, body wash, and toothbrushes for Captain Parsons who is currently serving in Iraq.

Members of Shelton's Shooters, Hardyston Sewing Stars, and All Star Rabbits also participated in community service projects which are mentioned in the Club Update section of this newsletter.

Miscellaneous Information

Poster Contest

The Springfest Flower & Garden Show will host a poster contest for students in grades K-6. Students are invited to create a poster that celebrates all things that grow. Your poster should be fun and inspire others to discover the beauty of nature. Subjects may include flowers,

gardens, trees, and landscapes—anything that grows from the earth. Prizes for the best poster will be awarded in each of the following categories: K-2nd, 3rd-4th, and 5th-6th (\$50 US savings bond).



Winners will be announced at the Springfest Flower & Garden Show on Friday, March 12 at 7:00 p.m. For more information, please call 973-948-9448 or visit their website <http://www.springfestgardenshow.com>.

2009 Wreath Wrap-Up

Please check to make sure all of your club's wreath money has been turned into the 4-H office so that final numbers may be totaled. The amount of scholarship money available through the Sussex County 4-H Foundation Scholarship Program is related to the funds generated by the wreath sale.

Ag Day Essay Contest

This year's Ag Day Essay Contest, sponsored by the Agriculture Council of America, is open to students in grades 7-12. The theme is *American Agriculture: Abundant, Affordable, Amazing*. Statewide winners will receive a \$100 prize. National winners will receive a \$1000 prize and a trip to Washington, DC. **Essays must contain no more than 450 words and be received by February 12.** The national winner will be recognized at the Celebration of Ag Dinner on March 18. Rules, entry forms,



and contest details are available at www.hpj.com/agdayessay.

Results

Eastern National 4- H Horse Round- Up

New Jersey sent four teams to the Eastern National 4- H Horse Round- Up in November.

Hippology – coached by Judy Hennessey of Somerset County took third place team in written phase, fourth place team in judging phase, fourth place team in station phase, first place team in team problems, and was the second place team overall.

Presentations – coached by Dottie Allen and Allison McGuigan of Burlington and Erin Sharp of Atlantic

- Justin Dagnall, eighth place in Individual Presentation.
- Krystal Knight, seventh place in Formal Speech
- Anna Matthres and Julie Vence, ninth place in Team Presentation

Horse Bowl – took eighth place and was coached by MaryLou Barrett of Burlington and Courtney Beidelman of Atlantic. **Beth Ann Larson** from Sussex County was a member of the Horse Bowl team!

Horse Judging was coached by Lori Wunderlich of Sussex County. There were 24 teams and 89 contestants in the horse judging competition with New Jersey finishing:

- Conformation classes – seventh place team

- Performance classes – eighth place team
- Overall – sixth place team
- Michelle Pflieger took eighth high individual

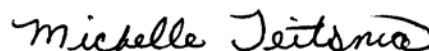
Congratulations to all of our New Jersey 4- H members and coaches on an outstanding national effort!

Emphasis on 4- H

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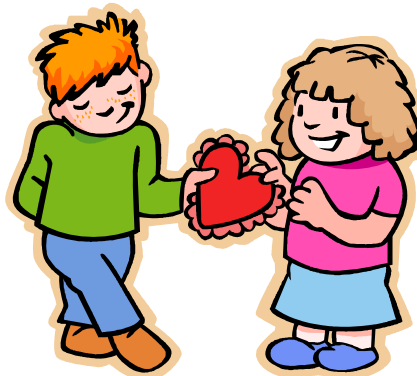
David Foord
4- H Program Associate



Michelle Teitsma
4- H Program Assistant

Abigail Gildersleeve
4- H Program Assistant

Angee Doering
Senior Clerk Typist



2009 Holiday Parade Pictures



Amanda G. Macchia (leader) and members of the Merry Go Riders 4-H Club



Members of the Sussex Squealers "piggy back" this classy antique tractor



Members of Shelton's Shooters 4-H Shooting Sports Club go along for the ride with Bill Teitsma and Joe Johnstone (leaders).



Awesome Alpaca Adventurers-our newest club- joins the parade!