



RUTGERS
New Jersey Agricultural
Experiment Station

4-H STEP* Clubs

(*Short Term Exploratory Program)

What is a STEP club?

STEP stands for Short Term Exploratory Program. It's been designed to provide a way for youth to experience a 4-H project area in a shorter period while learning about the larger 4-H program. These programs won't replace traditional 4-H clubs that meet monthly throughout the year. STEP clubs offer the chance to begin exploring a topic of interest using the same foundation as a 4-H club.

Who can join?

Any youth in grades K-13 (1 year out of high school), whether they are current 4-H members or not. (Some programs may have an age range depending on the subject matter.)

How long are STEP clubs?

Depending on the program, participants will experience 4-H in a 1-3 month setting, meeting 1-4x per month. Most programs will initially run from the beginning of January until the end of March.

Who runs STEP clubs?

STEP clubs will be run by a minimum of two caring and competent adult volunteers in partnership with 4-H. Parents, teachers, or any adult with the desire to teach and inspire youth to learn new things. All volunteers will go through a youth protection screening and training process.

Are there fees?

The base fee for participating in a STEP club is \$20 per youth. Additional program fees may apply depending on the project area.

For More Information

Dave Foord
Senior Program Coordinator
973.948.3040
foord@njaes.rutgers.edu

Tanya Patrie
Program Assistant
973.948.3040
patrie@njaes.rutgers.edu

www.sussex4h.org



Discover 4-H Curriculum

Discover 4-H provides a detailed guide to running a 4-H STEP club. Each guide includes topics and activities for six 4-H meetings.

STEP clubs are *not* limited to the topics below; these are just examples. They're a great resource for adults new to 4-H or the subject matter.

Agricultural Science

- Agricultural Literacy
- Planet Energy
- Seeds Club

Arts & Crafts

- Craft Beading
- Paper Crafts

Clothing and Textiles

- Crochet
- Duct Tape Club
- Sewing
- T-Shirt Quilt

Cloverbud (K-Grade 3)

- Citizenship
- Earth Science
- Plants and Animals
- Family & Consumer Science

Cultural Studies

- African Safari
- Ancient Egypt Club
- Engineering an Empire
- Family History

Cyber Technology

- Code
- Computer Science
- Python Code
- Scratch Code
- Tinkercad

Drama/Theater

- Theatre Arts
- U-Sing

Entomology

- Entomology

Environmental Education

- Environmental Education
- Forces of Nature
- Wildlife
- Wonders of Water

Foods and Nutrition

- Cake Decorating
- Candy Company Club
- Edible Science Club
- Food Dehydration
- Food Preservation
- Healthy Snacks
- Kitchen Science

Gardening

- Junior Gardener Club
- Urban Gardening

General Life Skills

- Money Mentors
- Public Speaking
- Trip to Peru
- World of Work

Geology and Minerals

- Geology

Health

- Building Healthy Friendships
- Fitness
- Spa and Relaxation

Leadership

- General Leadership Academy

Math

- Art of Math

Outdoor Recreation

- Mountain Bike Club

Robotics

- LEGO EV3 Robotics
- Makey Makey Club
- Robotics

Safety

- Emergency Preparedness
- Incident Command

Science

- Aerodynamics
- Astronomy
- Crime Spy Science
- Discover 4-H Flight
- Exploring Energy
- Flight School
- Mission to Mars
- Onshape

Visual Arts

- Interior Design

